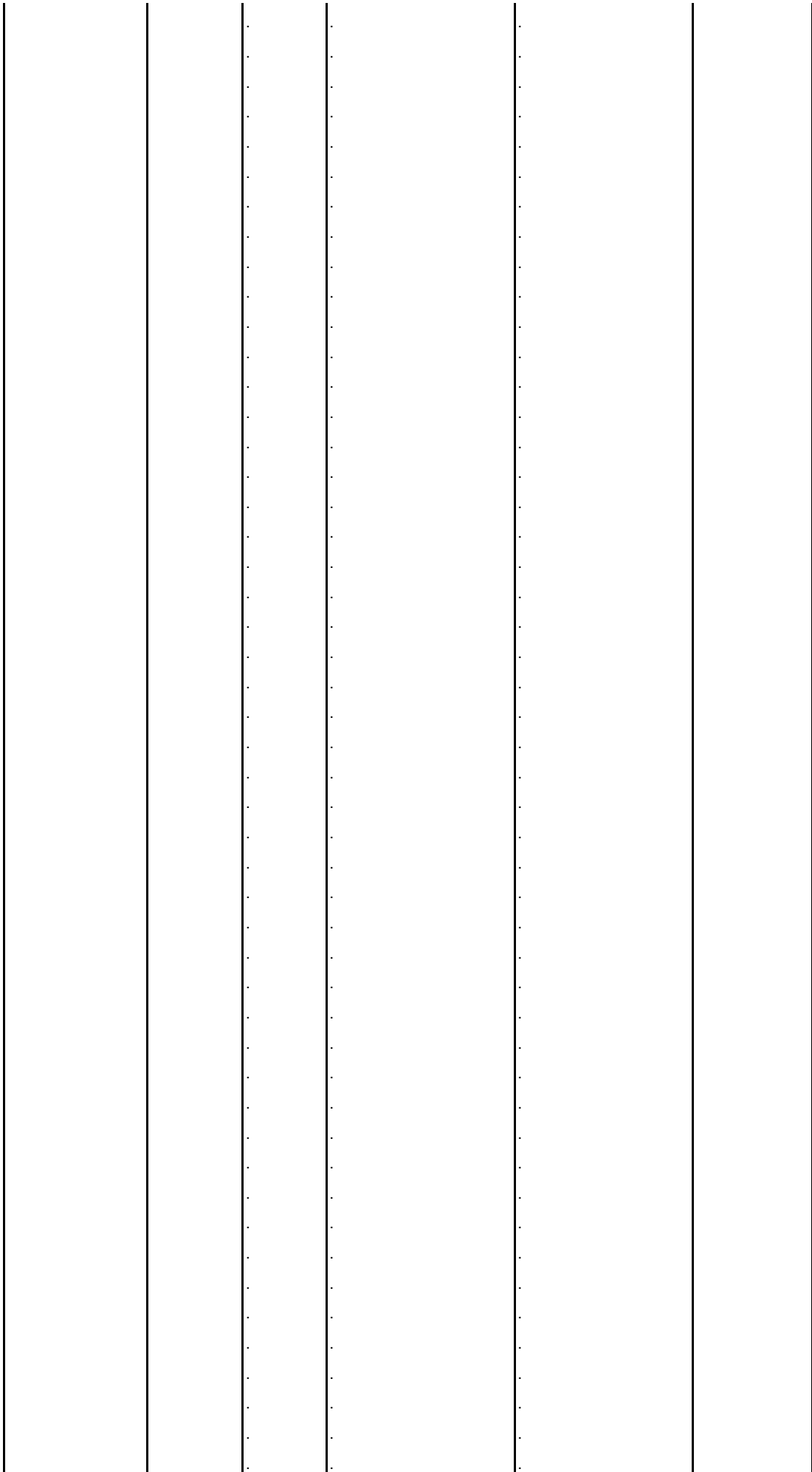


Event	Age group	Number	Name	Club	Performance
	300 U15G	121	Sophie Godbold	Ipswich	52.9
	100 U17M	214	Nathier Charles	PAC	12.8
	100 U17W	103	Megan Elson	Ipswich	14.3
	100 U15B	128	.	Ipswich	14
	100 U15B	209	Jamie Horne	PAC	14.7
	100 U13B	105	James Cocker	Ipswich	15.6
	100 U15G	116	Annabelle Lupton	Ipswich	15.2
		239	Charlotte Hilton	PAC	15.3
		377	Lucy Newall	Ryston & West Norfolk	15.5
		375	Charlotte Newall	Ryston & West Norfolk	15.5
		262	Amy Dewar	St Albans	15.6
		374	Ellen Gowleer	Ryston & West Norfolk	15.6
		376	Amy Newall	Ryston & West Norfolk	16.8
		259	Ife Awe	St Albans	17.1
	100 U13G	112	Lermae Youngs	Ipswich	14.9
		114	Lauren Grubb	Ipswich	15.3
		241	A Pullan	PAC	16.4
		314	Courtney Bland	CATS	16.4
		245	B Goymour	PAC	16.6
		240	G Hilton	PAC	16.7
		246	C Phillips	PAC	17.3
	800 U15G	125	.	Ipswich	2-53.6
		110	Ellisse Morey	Ipswich	
100H	U17M	260	Jason Tang	St Albans	17.4
		111	Seb Lupton	Ipswich	19.4
DT	U15G	261	Laura Wonnacott	St Albans	9.76
		379	Grace Humby	Ryston & West Norfolk	14.42
		123	Eloise Mabey	Ipswich	18.45
	200 U13G	106	Ella Gooderham	Ipswich	33.3
LJ	U13G	265	Jessica Edwards	St Albans	3.11
		358	Emma Dewdney	Ryston & West Norfolk	2.71
		314	Courtney Bland	CATS	3.47
LJ	U17W	378	Abbey Ruggles	Ryston & West Norfolk	4.46
	200 U15G	375	Charlotte Newall	Ryston & West Norfolk	32
		116	Annabelle Lupton	Ipswich	32.2
		218	Jess Amps	PAC	33.7
		230	Hayley Bartlett	PAC	35.9
	200 U17W	378	Abbey Ruggles	Ryston & West Norfolk	29.4
		101	Lisse Lehkyj	Ipswich	30.2
	200 U13B	206	Alex Bevan	PAC	30.6
	200 U15B	120	Jason King	Ipswich	27.9
		107	James Hawkins	Ipswich	28.1
	200 U17M	111	Seb Lupton	Ipswich	27.1
Relay	U17W	.	.	.	56.9
	U15G	.	.	.	61
LJ	U13G	318	Kayleigh McKay	CATS	3.81
		317	Honor Crane	CATS	3.57
		239	Charlotte Hilton	PAC	3.21

| | | | | | |



|

|

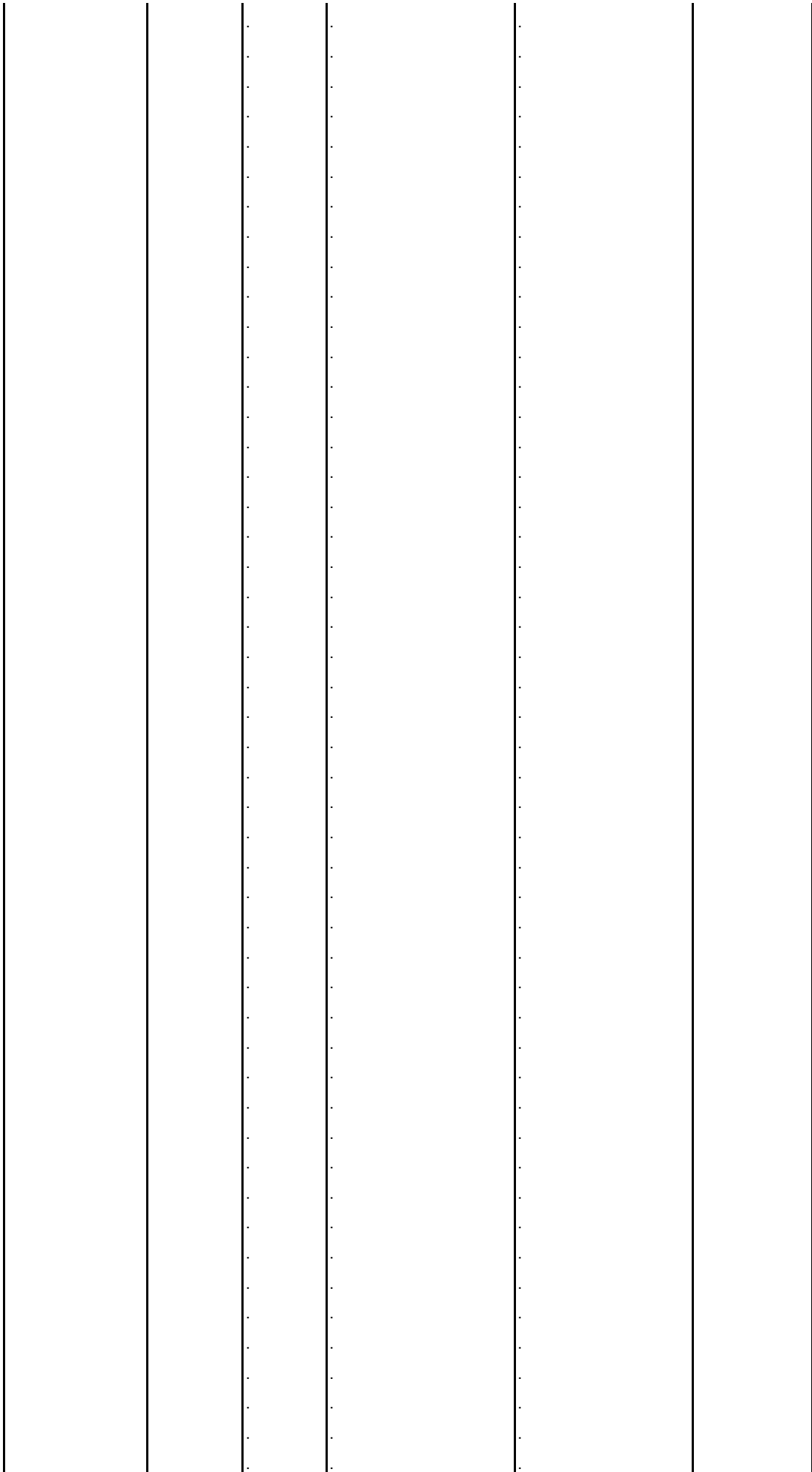
|

|

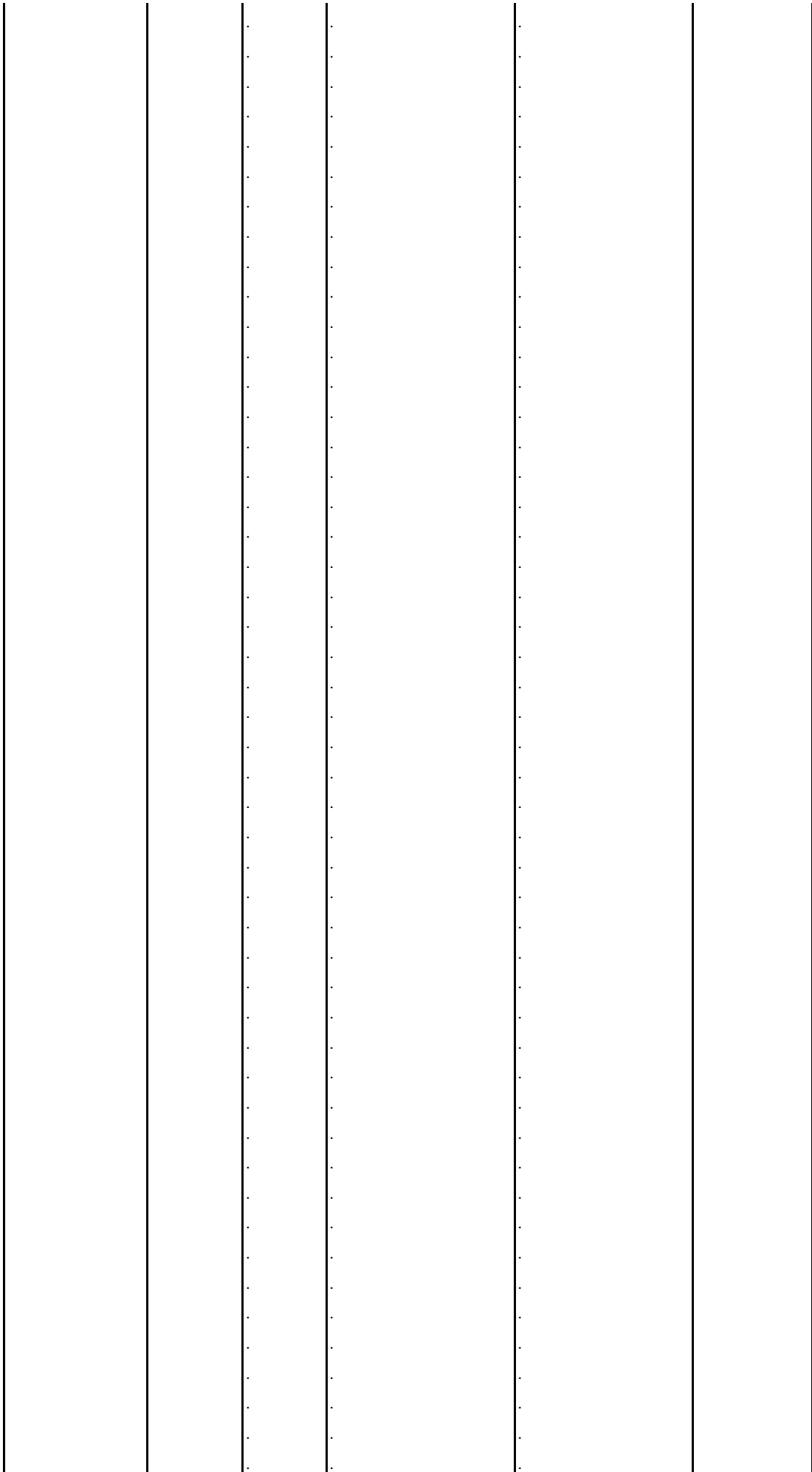
|

|

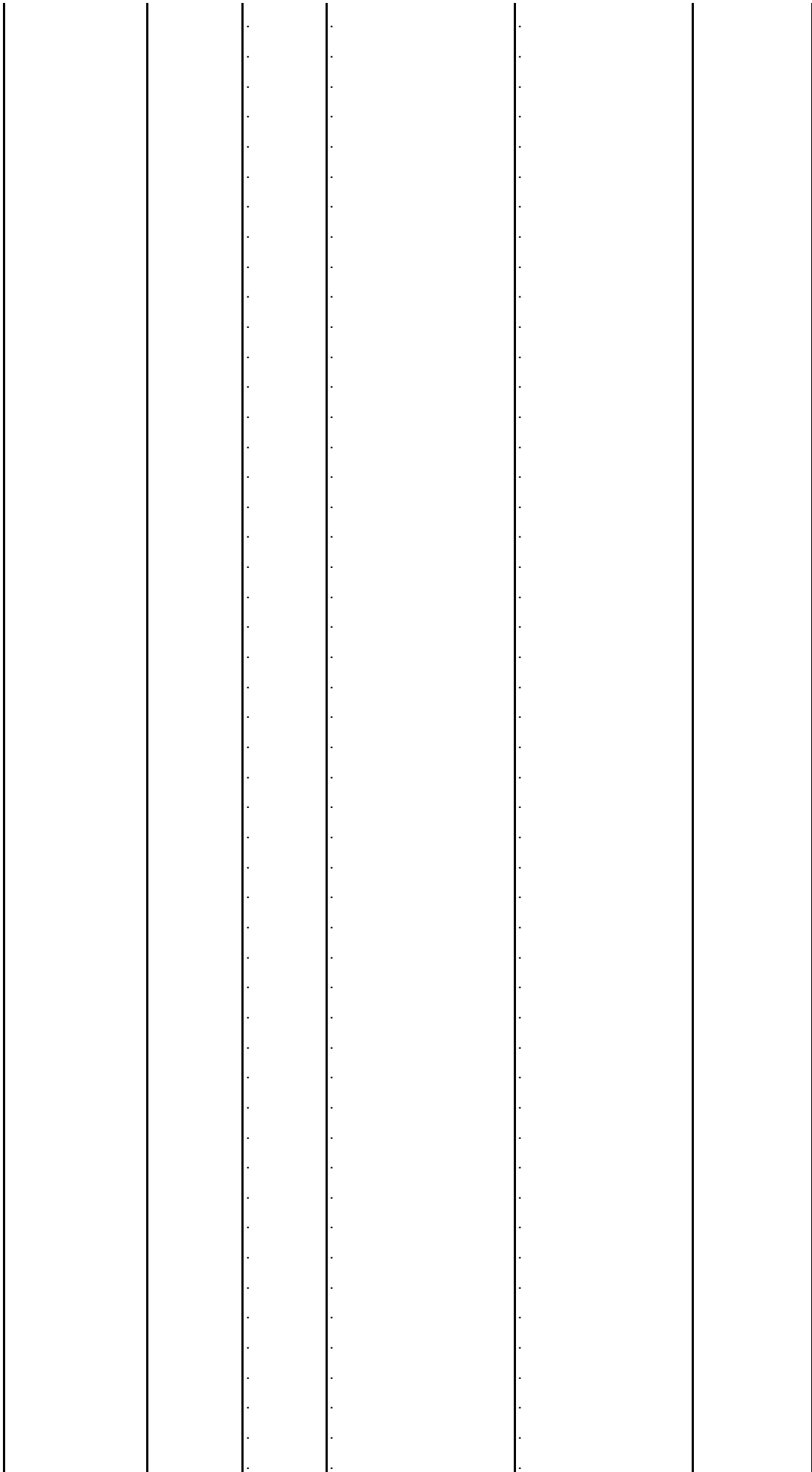
|



| | | | | | |



| | | | | | |



| | | | | | |

